

## **Love Potion #9 Menu**

### **D-I-Y Skin Care to Pamper Yourself, Share with a Loved One or Throw a Spa Party this Valentine's Day**

#### **1. Welcome**

Brief discussion on the values of homemade, all-natural skin care.

Handout recipes, ingredients & packaging.

Choose from Aphrodesiac, Sweet Nothings or Original Essential Oil blends to scent each product.

#### **2. Make Your Own ... Bath Salts Sachet**

Peaceful whole body bath, Romantic Tub for Two, or Fun Foot Soak for Friends.

#### **4. ... Sugar Scrub**

"Love Hurts" for hands, body & feet.

#### **3. ... Massage Oil Blend**

This blend is perfect for a romantic massage, but also makes a great bath and body oil.

#### **5. And Learn Simple Uses for Your Take-Home Essential Oil blend**

Add to candle wax, create your own perfume oil, dash on your pillow, and more!

#### **6. Food and Drinks**

Socialize over Homemade Goat Cheese Desserts and Fruit Liquors from Lauren's Farm in Ventura County.

#### **Event Details:**

*Thursday, February 12, 2009. 6:30pm at The Green Beacon.*

*Cost \$30. All Materials included.*

*Reservations are required. Please RSVP by replying to this e-mail or call Julie Solomon at 323.717.9636.*

*Workshop will be presented by Lauren Johanson, co-owner of both Chivas Skin Care (all-natural handmade goat milk skin care) and Your Daily Thread (L.A.'s On-line Guide to Conscious Living). You can learn more about her [here](#). She will also be hosting "Aromatherapy Demystified: Creating your own unique essential oil blends" on Thursday, March 12.*